

## APPETIZERS

### **Pumpkin & Ginger Soup \$12.00**

Served with Cinnamon Dumplings and Garlic Bread

### **Deep Fried GIBLETS \$15.00**

Breaded, Fried & Finished in a Red Wine Reduction & Topped with Onion Rings

### **Coral Blue's Crab Cakes \$24.00**

Traditional Recipe with a hint of Freshness & served with Spicy Tomatoes & Red Onions salsa

### **Pear Salad \$18.00**

Poached & Sliced then Tossed between Mixed Leaves Accompanied with Caramelized Walnuts, Goat Cheese & Finished with Balsamic Syrup.

### **Tomato and Mozzarella \$18.00**

Roasted blushed tomatoes served on mix leaves, drizzled with a homemade pest and finished with melted mozzarella cheese

CORAL MIST BEACH HOTEL

## Continental

Bread Basket, Cereal and Yoghurt

**\$15.00**

## 'The Bajan Way'

Bakes, Eggs, Frizzle Cod Fish, Plantain and Sweet Potato Choka

**\$20.00**

## Veggie

Fried Plantain, Grilled Tomatoes, Spinach Cakes, Sweet Potato Choka with Vegetarian Beans

**\$22.00**

## English Style

Bacon, Baked Beans, Eggs and Grilled Tomatoes

**\$22.00**

## American Style

Bacon, Eggs, Hash Browns, Pancakes and Sausages

**\$24.00**

## Coral Blue's

Bacon, Sausages and a (4) Four Egg Omelet with your choice of Garnishes

-Cheese -Onions

-Ham -Sweet Peppers

**\$25.00**

## High Tide

Bacon, Fruit Plate, Baked Beans, Eggs, Grilled Tomatoes and Sausages

**\$30.00**

A Complimentary Cup of Tea/Coffee or Juice and Toast are served with all of the Breakfast Choices above.

## CORAL BLUE'S SIDES

Baked Beans	\$ 3.00
Fried Plantain	\$ 4.00
Bread Basket	\$ 6.00
2 Eggs(scrambled,boiled,poached,fried)	\$ 6.00
Hash Browns	\$ 6.00
Sausages	\$ 7.00
Bacon - 4 Slices	\$ 7.00
Omelet	\$10.00
French Toast- 4 Slices	\$10.00
Pancakes - 4 cakes	\$10.00
Fruit Plate	\$12.00

## CORAL BLUE'S BEVERAGES

<b>Hott</b>	
Coffee	\$3.00 small \$6.00 large
Tea	\$4.00
Hot Chocolate	\$4.00
French Vanilla	\$4.00
<b>Cold</b>	
JUICES	\$4.00 (Orange, Apple, Fruit punch)
Golden Apple	\$4.50
Coconut Water	\$4.50

## MAIN COURSES

### **The Catch of the Day \$35.00**

7oz of Tender Fish Sliced and can either be Grilled, Blacken or Seared to Perfection in Garlic Butter or Lemon Butter

### **Panko Breaded Chicken Breast \$35.00**

Comes stuffed with Plantain, Asparagus and Pepper Jack Cheese Fried to a Crispy Golden Brown Shade and ends with a Succulent Tender finish

### **Grilled Prawns \$45.00**

Garlic Marinated Jumbo Prawns, tossed on an Open Flame, Brushed with Lemon and Honey Vinaigrette then Completed with an Assortment of Vegetables grilled.

### **Sirloin Steak \$50.00**

8oz of Steak Marinated with the Chef's Brew then Grilled to Excellence Served with a Merlot Jus or Peppercorn Sauce and finish with wilted greens

**Served with Vegetables and your choice of Fries, Potatoes or Rice of the Day**

## MAIN COURSES

### **Penne a la Gnocchi \$30.00**

Homemade Gnocchi tossed with Penne into a creamy White Wine Cheese sauce and finished with wilted greens and Parmesan cheese.

### **Garlic Herbed Poulet \$40.00**

A mixture of Fresh Herbs stuffed into a Grilled Half Chicken & accompanied with Local Vegetables & Parsley Mashed.

### **Seafood Medley \$40.00**

Clams, Fish, Mussels and Shrimp all cooked in a White Wine cream sauce and Julienne Vegetables all placed between creamy Mashed Potatoes.

### **Asian Swordfish \$45.00**

Lightly Grilled Catch served with a Roasted Corn Salsa, Garlic Infused Garden Vegetables and Cucumber Slaw and accompanied with Braised Sweet Potatoes.

### **Lamb Shank \$45.00**

Slowly cook Lamb Shank served with Herb Mash, Seasonal Vegetables, and Ratatouille then finished with pot gravy.

### **Strip Steak \$55.00**

Grilled 8oz Steak served with the Vegetables, Chef's Potatoes & Merlot jus



## BREAKFAST PACKAGES

### 'The Bajan Way' Breakfast \$20.00

Bakes, Eggs, Frizzle Cod Fish, Plantain and Sweet Potato Choka

### Veggie Breakfast \$22.00

Fried Plantain, Grilled Tomatoes, Spinach Cakes, Sweet Potato Choka and Vegetarian Beans

### English Style Breakfast \$22.00

Bacon, Baked Beans, Eggs and Grilled Tomatoes

### American Style Breakfast \$24.00

Bacon, Eggs, Hash Browns, Pancakes and Sausages

### Coral Blue's \$25.00

Bacon, Sausages and a (4) Four Egg Omelette

With your choice of Garnishes | Cheese | Onions | Ham | Sweet Peppers

## A LA CARTE

Baked Beans

\$ 3.00

Fried Plantain

\$ 4.00

2 Egg

(Fried, Scramble, boiled, Poached)

\$ 6.00

Hash Browns

\$ 6.00

Bacon - 4 Slices

\$ 7.00

French Toast- 4 Slices

\$10.00

Pancakes - 4 cakes

\$ 10.00

Omelette

\$10.00

Fruit Plate

\$12.00

## CORAL BLUE'S BEVERAGES

### HOT

Coffee \$3.00 (small) \$6.00 (large)

Tea \$4.00

Hot Chocolate \$4.00

### COLD

JUICES \$4.00 Orange | Apple | Fruit Punch

## SALADS

### **Garden Salad \$12.00**

Cherry Tomatoes, Cucumbers, Peppers and Red Onions, Peppers and Cucumber All tossed up in mix leaves and served with or without your choice of Vinaigrette

### **Caesar Salad \$15.00**

Crispy romaine hearts served with Bacon, Herb Crotons and Parmesan Cheese, all covered in a homemade Caesar Dressing

### **Hawaiian Salad \$18.00**

Assortment of chopped Fruits and Vegetables all served with Mescaline Leaves and Lemon Vinaigrette

## SOUPS

Soup of the Day \$10.00

## PASTAS

### **Oceanic Pasta \$25.00**

Clams, Fish, Mussels and Shrimp tossed into Tagattelle Pasta. Served with a Garlic broth and finished with Parmesan Cheese

### **Penne Arbaita \$25.00**

Penne served with a Spicy, Chunky Tomato sauce, Bacon, Bell Peppers, Red Onions and Olives Topped with Parmesan Cheese

### **Road Side Pasta \$25.00**

Tri Color Pasta served with Pesto, Broccoli, Carrots, Onions, and Peppers Finished with shaved Parmesan Cheese

## SANDWICHES

### **Chef's Sandwich \$20.00**

Fried Eggs, Ham and Cheese served between,  
Three slices of Freshly Toasted Bread and dressed to Perfection

### **Mixed Grilled Sandwich \$20.00**

Marinated Bell Peppers, Red Onion, Tomatoes and Zucchini all Grilled,  
Topped with Vegetarian Cheese and served on Ciabatta bread.

### **Chicken Sandwich \$22.00**

Sliced Grilled Chicken Breast brushed with Honey infused Herbs all marinated and  
Served with Grilled Peppers, Blue Cheese & BBQ Sauce

### **Flying Fish Sandwich \$22.00**

Panko Crusted Flying Fish served with Lemon Mayonnaise and Fried Plantain  
On a Toasted Bun

## BURGERS

### **Chelsea Burger \$18.00**

1\4 lb. Burger served on Lettuce, topped with Grilled Onions, Pickles and Tomatoes

### **Jazzy Burger \$22.00**

6oz Ground Beef Patty grilled and served  
With Cheese, Pickles, Tomatoes, Grilled Onions and 'Jazzy Sauce' on a Lettuce bedded Bun

### **Ju Ju Burger \$24.00**

8oz burger served with  
Balsamic Tomatoes, Crispy Onions and finish with 'Ju Ju' Sauce

### **Add on: \$2.00 each**

Bacon, Cheese, Eggs, Mushrooms, Pineapple

**All the Sandwiches and Burgers come served with French Fries and Salad**

## DESSERTS

### **J's Cookie Sandwich \$12.00**

Scoops of Creamy Vanilla Ice-cream

Placed between Two Chocolate Cookies and Drizzle with Chocolate Sauce

### **Apple Pie \$12.00**

Warm Apple pie served with Vanilla ice-cream

### **Mango Crème Brule \$12.00**

Traditional French recipe flavored with a local Twist

### **Vonn's Wild Berry Cheese Cake \$12.00**

Smooth, Soft and Creamy Cheesecake

Topped with Wild Berries Compote

CORAL MIST BEACH HOTEL